

PALLIATIVE CARE FOR OLDER ADULTS DUALLY ELIGIBLE FOR MEDICARE AND MEDICAID: RESOURCE GUIDE

This is a supplemental resource guide to the webinar hosted on December 5, 2018, *Palliative Care for Older Adults Dually Eligible for Medicare and Medicaid*. This guide is intended for providers and health plans who are interested in enhancing their understanding of palliative care for older adults. The webinar recording, slides, and transcript can be found on the Resources for Integrated Care website: https://www.resourcesforintegratedcare.com/GeriatricCompetentCare/2018_GCC_Webinar/Palliative_Care

Please note that some of the resources listed below may have an associated cost.

SKILLS TRAININGS

The Center to Advance Palliative Care offers trainings on the essentials of communication about goals of care, advance care planning, and pain and symptom management. These trainings are available with membership and sliding scale fees.

⌚ <https://www.capc.org/membership/curriculum-catalogue/>

The Health Resources & Service Administration (HRSA) provides a training module for palliative and end-of-life care for individuals with dementia. This module describes the differences between palliative care and hospice care, several end-of-life goals for individuals living with dementia, and the role of the health care team in end-of-life care.

⌚ <https://bhw.hrsa.gov/grants/geriatrics/alzheimers-curriculum>

The Center to Advance Palliative Care, Ariadne Labs, and VitalTalk collaborated to develop **The Pathfinder portal**, to provide clinicians with easily accessible, proven communication strategies for care recipients with serious illness. These trainings and tools support person-centered conversations and inspire better listening, more effective conversations, and better care. Examples of tools include online webinars and videos, continuing education online and in-person courses, and virtual office hours where participants can ask questions.

⌚ <https://communication-skills-pathfinder.org/>

The End-of-Life Nursing Education Consortium (ELNEC) project is a national education initiative with a mission to improve palliative care in the United States and internationally. This project provides palliative care training to undergraduate and graduate nursing faculty, CE providers, staff development educators, specialty nurses in pediatrics, oncology, critical care, and geriatrics, and other nurses.

⌚ <https://www.aacnnursing.org/ELNEC>

The **CSU Institute for Palliative Care** at the California State University San Marcos provides professional development programs designed to ensure health care professionals have the skills to provide the best care. These interactive online courses incorporate the latest in evidence-based palliative care practices. All programs offer continuing education hours and some offer BRN, BBS, or CME hours.

⌚ <https://csupalliativecare.org/programs/>

Respecting Choices is an evidence-based model of advance care planning that creates a healthcare culture of person-centered care. The curriculum includes communication skills and education for health professional and others as well as design and implementation strategies for improving systems and workflows to make person-centered goals the routines of care.

🔗 <https://respectingchoices.org/>

Stanford University provides a **Palliative Care Training Portal** with the goal of improving quality of life for individuals with serious illness by educating multi-disciplinary doctors, nurses, psychologists, social workers, and other allied health professionals. The curriculum includes topics such as palliative sedation, opioid use, and bereavement.

🔗 <https://palliative.stanford.edu/overview-of-palliative-care/>

FUNDING AND BENEFIT RESOURCES

The Centers for Medicare & Medicaid Services created a **Medicare Hospice Benefits booklet**. This booklet includes information on hospice care eligibility, services included in hospice care, how to find a hospice provider, associated payments, and where to find additional help.

🔗 <https://www.medicare.gov/Pubs/pdf/02154-Medicare-Hospice-Benefits.PDF>

The Center to Advance Palliative Care offers resources for palliative care providers to facilitate the integration of palliative care into population management and alternative payment models. These resources promote a basic understanding of health insurance, value-based payment, and incentives in health care delivery. The tools for provider organizations include information on how to locate reliable financial advisors, understand different payment arrangements between palliative care programs and their financial partners, and how to secure and sustain a financial partnership.

🔗 <https://www.capc.org/topics/payment/>

🔗 https://media.capc.org/filer_public/a5/15/a5157b68-93c0-44ad-a6c4-fc2a71e6be2c/capc_paymentprimer_final.pdf

ADDITIONAL RESOURCES

The National Academies of Sciences Engineering Medicine **Roundtable on Quality of Care for People with Serious Illness** works to foster ongoing dialogue about critical policy and research issues to accelerate and sustain progress in care for people of all ages with serious illness. The priority areas include delivery of person-centered, family-oriented care; communication and advance care planning; professional education and development; policies and payment systems; and public education and engagement.

🔗 <http://nationalacademies.org/hmd/Activities/HealthServices/QualityCareforSeriousIllnessRoundtable.aspx>

The **National Hospice and Palliative Care Organization (NHPCO)** is a nonprofit membership organization that represents hospice and palliative care programs and professionals in the United States. The NHPCO provides webinars and online courses to advance knowledge, competency, and practice in the field.

🔗 <https://www.nhpco.org/education/online-learning>

This **Palliative Care Provider Directory** from the Center to Advance Palliative Care is a resource to help individuals locate palliative care in their area.

🔗 www.getpalliativecare.org

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Family Caregivers

The Medicare-Medicaid Coordination Office (MMCO) in the Centers for Medicare & Medicaid Services (CMS) seeks to help beneficiaries dually eligible for Medicare and Medicaid have access to seamless, high-quality health care that includes the full range of covered services in both programs. This resource guide is intended to support health plans and providers in integrating and coordinating care for dually eligible beneficiaries. It does not convey current or anticipated health plan or provider requirements. For additional information, please go to <https://www.resourcesforintegratedcare.com/>.