RESOURCES FOR PROVIDERS AND HEALTH PLANS TO SUPPORT SAFE AND EFFECTIVE USE OF MEDICATIONS IN OLDER ADULTS

SAFE AND EFFECTIVE USE OF MEDICATIONS IN OLDER ADULTS: RESOURCE GUIDE

This is a supplemental resource guide to the 2018 Geriatric-Competent Care webinar, Safe and Effective Use of Medications in Older Adults held on April 18, 2018. This guide is intended for providers and health plans who are interested in enhancing their capacity to support safe and effective use of medications in older adults. The webinar recording, slides, and transcript can be found on the Resources for Integrated Care website:
https://resourcesforintegratedcare.com/GeriatricCompetentCare/2018_GCC_Webinar_Series/Medications.

GENERAL RESOURCES

Deprescribing Guidelines is a website that shares and exchanges information about deprescribing approaches and research with the public, health care providers, and researchers.

🔗 https://deprescribing.org/

The American Geriatrics Society hosts an online resource center - Public Education Resources for Patients & Caregivers - that includes resources for health care professionals incorporating the latest research on caring for older adults. There are numerous free tools and products available.

🔗 https://geriatricscareonline.org/

The 2015 Beers Criteria Pocket Resource, available from the American Geriatrics Society, assists healthcare providers to improve medication safety for older adults. The resource informs clinical decision-making about prescribing medications for older adults with the goal of improving safety and quality of care.

🔗 https://geriatricscareonline.org/ProductAbstract/beers-criteria-pocketcard/PC001

The American Geriatrics Society’s Health in Aging Foundation has a website geared to consumers and caregivers, and includes free resources to help consumers manage medications. These resources include a Medications Older Adults Should Avoid tip sheet and a My Medication Diary template.

🔗 http://www.healthinaging.org/medications-older-adults/

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The list of resources in this guide is not exhaustive. Please submit resources or feedback to RIC@lewin.com
The All About Me tool utilizes a person-centered approach that promotes function and satisfaction among care recipients. The tool, available online, enables providers to gather information about an individual in one place and displays that information when an individual is in a hospital or long-term care setting. This information helps providers personalize care and can be easily adapted to fit the care needs of the individual.


The STOPP/START Criteria for Potentially Inappropriate Prescribing in Older People Version 2 have been expanded and updated for the purpose of minimizing inappropriate prescribing in older adults. These criteria are based on an up-to-date literature review and consensus validation among a panel of experts.

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4339726/

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The Medicare-Medicaid Coordination Office (MMCO) in the Centers for Medicare & Medicaid Services (CMS) seeks to help beneficiaries enrolled in both Medicare and Medicaid have access to seamless, high-quality health care that includes the full range of covered services in both programs. This guide is intended to support health plans and providers in integrating and coordinating care for Medicare-Medicaid beneficiaries. It does not convey current or anticipated health plan or provider requirements. For additional information, please go to https://www.resourcesforintegratedcare.com. Please submit any feedback on this guide or topic suggestions for other resources to RIC@Lewin.com.